

**New England 13-19 Age Group Championship Meet 2010 at MIT in Cambridge,
MA: March 4th – 7th, 2010**

LOCATION/DIRECTIONS

• **Directions:** The pool is located inside the MIT Zesiger Center, 120 Vassar Street, Cambridge, MA 02139. From I-93, take exit 26, and follow the signs to Back Bay along Storrow Drive West, approximately 1.5 miles, to the exit for Route 2A. The exit will be on the left, just before the Harvard Bridge (more appropriately called the Massachusetts Avenue Bridge). The Charles River will be on your right. As you cross the bridge, you will be looking at MIT – the Great Dome and academic facilities are on the right, the dormitories and athletic facilities are on the left.

• **Parking:** Parking in Cambridge and Boston is generally not an enjoyable experience. Whenever possible, park your car at the hotel at which you are staying, and use public transportation to get to the MIT campus. If you must drive to the campus, there are both on- and off-street parking available, but most public parking is not very close to the center of the MIT campus (unless you arrive early in the morning or late in the evening). There is metered parking on Massachusetts Avenue. There are a number of lots at which you may park for a fee. These include a lot at the corner of Massachusetts Avenue and Vassar Street, “Park and Lock” on Third Street, “Kinney Systems” at 4 Cambridge Center (entrances on Ames Street and Broadway), and “Kinney Systems” at Ten Cambridge Center (entrances from Broadway and Binney Street).

FORMAT:

The meet will be conducted in a trials/finals format. In the evening there will be 4 heats: two 13-14 year old heats and two 15-19 year old heats. The top 20 swimmers in each event will return at night. The relays will be conducted as timed finals in the evening. The top heat of (10) women and (10) men in the 1650 Free will be swum at finals.

GMA TEAM SCRATCH POLICY:

All GMA team members are expected to race in every event in which they are entered. Swimmers who have problems or concerns about their events must talk to a coach before the scheduled warm-up time to determine if an event scratch is necessary. Any swimmers who choose not to attend the meet must let Laura know at least 24 hours in advance of the meet in order to avoid paying meet penalty fees.

MEET SCRATCH POLICY:

Scratches are due to the Clerk of Course 12 hours in advance of a race. All scratches for GMA swimmers must be submitted by a GMA coach.

1. Any swimmer who fails to compete in an individual event heat in which he/she is entered and has not been scratched will be barred from further new competition for that day, including relays and time trials. The swimmer will be also automatically scratched from the following day's events unless the Clerk of Course has been notified of the swimmers intention to compete by 6:00 pm. NOTE: Finals are considered continuation of events starting with trials.

2. Any swimmer who qualifies for the Championship or Consolation Finals and wants to withdraw from the final must notify the Clerk of Course of that intent to withdraw within 30 minutes of the preliminary results being announced. Any Finals qualifier who fails to notify the Clerk of Course of his/her intention to withdraw from the final within 30 minutes of announcing the preliminary results or is not excused by the referee, and does not compete will be barred from all subsequent competition in the meet including relays and time trials.

3. Any team that has a no-show swimmer in the Finals on Sunday evening will be fined \$100 per no-show.

4. All 500, 1000, 1650 Freestyle, and 400 IM swimmers and all relays must confirm their intention to participate with a positive check-in for those events. Positive check-in for the 1000 is 4:45pm on Thursday. The deadline for all the others is 9:00 AM on the day of the individual event. Relay check-in is by 6:30 PM the day of the event and Sunday by 5:30 PM. Failure to check-in will result in a swimmer not being seeded. Any swimmer or relay team that does affirm his/her/their intent to swim and does not compete, unless excused by the referee, will be barred from further competition at this meet, including relays and time trials.

RELAY CARDS: Relay cards must be submitted to the Clerk of Course 30 minutes before the start of the session. Preliminary names for the relay should be submitted at that time. Names and the order of the swimmers may be changed up to the time of the relay heat. Any changes must be submitted to the Clerk of Course before the start of that relay's heat.

TIME TRIALS: North Shore Swim Club would like to announce that we will offer all swimmers time trials during the finals sessions of the 13-19 Age Group Championships, in the east pool. Time trial swimmers must be entered into the 13-19 age group championship meet, including relay only swimmers to participate. Time trial sign ups will be Friday, Saturday and Sunday morning from 9:00 AM - 12:00 noon. We will only time trial the events that are offered on that specific day of the 13-19 championship meet. Time trials will run approximately 90 minutes starting 15 minutes after the beginning of the Finals session. Time trials will conclude before the finals session relay regardless of remaining swims. Swimmers who do not get to swim will be reimbursed. All time trials will be \$10.00 per event and \$25.00 per relay. Swimmers are reminded that they are only allowed to swim in a maximum of 3 individual events per day including time trials. All events except the 1000 free and the 1650 free will be offered in time trials. All time trial events must have swimmers provide own timers with their own watches. Sign up for all time trials with the clerk of course. Time trials will only be available for swimmers in the meet.

ADMISSION: \$3.00 per session. **(All finals sessions will be free admission for anyone bringing a canned good or non perishable item to be donated to a local charity).**

PROGRAMS: \$4.00 per pool for prelim sessions and \$5.00 per finals session.

INSTANT RESULTS – Will occur and can be seen on the www.northshoreswimclub.com under **RESULTS/MEET REPORTS**

WARM UPS: Teams will be assigned warm-up lanes after all entries are received. Flagrant violations of the warm up procedures may result in disqualification from the meet for unsportsmanlike conduct. Encourage swimmers to cooperate with meet marshals and life guards.

OTHER MEET NOTES: Coaches and parents are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. North Shore Swim Club, MIT, and New England Swimming assume no responsibility for lost or stolen property. No pets (except service dogs) are allowed within the facility. Smoking is not permitted within 500 feet of the facility.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down lanes at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups. Please notify the referee prior to the meet if you know no coach will be attending.
5. No camera cell phones are permitted in the locker rooms.
6. No flash photography is allowed at the start of events.

AWARDS: Medals will be awarded for the first 8 places in individual events and first 3 places in relays; ribbons for 9-16 places individual, and 4-8 relays. Awards will be given to swimmers on demand. Athletes must see the Clerk of Course to request awards. Only awards for events swum that day will be awarded.

GMA TIMING & OFFICIATING ASSIGNMENTS

GMA parents are asked to work together to cover our timing assignments. Please communicate with one another before each session and determine how the timing assignments will be covered by GMA parents. GMA parents who are officials are responsible for arranging their officiating commitments.

In accordance with standard NE Championship procedures, all teams entering the meet must provide a prorated share of officials and timers and other required personnel. Work assignments will be based on the number entries per team. Our GMA timing assignments are attached. If a team does not provide the timers it has been assigned at a championship meet, the team will be fined \$100 per incident and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid.

LAURA’S CELL PHONE

(802) 238-9168

MEET TIMES:

	Thursday	Friday	Saturday	Sunday
Prelim Warm-Up		7:30 – 8:55 AM	7:30 – 8:55 AM	7:30 – 8:55 AM
Prelim Meet Start		9:00 AM	9:00 AM	9:00 AM
Finals Warm-Up	4:30 – 5:25 PM	5:00 – 5:55 PM	5:00 – 5:55 PM	4:00 – 4:55 PM
Final Meet Start	5:30 PM	6:00 PM	6:00 PM	5:00 PM

GMA TEAM END-OF-SEASON GUIDELINES

The GMA coaches provide the following guidelines for swimmers and parents going to a New England End-of-Season meet:

1. Plan ahead to attend the End-of-Season Meets for which you have qualified. Please fulfill your team obligation. If your plans have changed and you are unable to attend, please notify Laura as soon as possible.
2. Swimmers are required to arrive 15 minutes prior to the assigned team warm-up session. Team stretching and announcements are a very important aspect of championship meet success. Athletes may be removed from relays due to tardiness.
3. These meets can be long and tiring. Plan your daily schedule to ensure that you get the proper amount of food and rest. This is best achieved with good transportation plans and many comfort items packed.
4. The emphasis at swim meets is always on achieving your personal best times, being a great sport and showing excellent team spirit. Winning heats and medals can be fun, but is never part of our team goals.
5. Please provide your child with unconditional love. Your swimmers need your unconditional support in order to race confidently. If they feel that you are judging or critiquing their performances, they may race with less confidence and security.
6. Please do not offer your swimmers ideas on how to race better. Please refer such technical questions to the coaches so as not to confuse the swimmers. Swimmers are required to speak to their coaches just prior to and immediately after their races in order to plan and evaluate their performances.
7. Please pack the following for your swimmers:
 - 2 GMA caps
 - 2 pairs of goggles
 - GMA team suit
 - GMA team apparel
 - At least 3 towels
 - Healthy food and drinks only (please no chips, candy or cookies until after the meet)
8. Swimmers are responsible for the following:
 - Knowing their events
 - Knowing their personal best times
 - Knowing their goals for each event
 - Talking to a coach before and after every race
 - Getting to their heats and lanes by themselves
 - Cheering for their teammates during the ENTIRE session (do not leave until the session is over and our team area is fully cleaned)
 - Demonstrating great sportsmanship and team spirit
 - Resting/ sleeping in bed at least one hour in between prelims and finals sessions
 - Warming up properly before each event, warming down properly after each event and maintaining any prescribed physical therapy routine.
9. Rest, eat healthy food and drink plenty of water. When you are not swimming, you are to be fueling your body and sleeping. All swimmers competing in a prelims and finals meet are REQUIRED to sleep in between prelims and finals. It is recommended that you rest even if you are not swimming in finals at night. Please do not plan family activities and adventures. In order to race their best, the swimmers need to rest whenever they are not competing.
10. For all 11 and older swimmers, you MUST warm-up and warm-down before and after

every event. Please talk to your coach about specific recommendations. If no pool is available, please use the team warm-up and warm-down cards to properly warm-up or warm-down your body.

11. If you are unable to attend any portion of the meet, please contact Laura on her cell phone (802-238-9168) immediately. Your teammates are counting on you for relays and team spirit.

Please remember to **STAY UNTIL THE END OF THE SESSION** to cheer for all of your teammates, even if you are done swimming. All 13 and older swimmers are **REQUIRED** to warm-up at **EVERY** session with the team (even when not swimming in the session). All 13 and older swimmers are **REQUIRED** to attend the finals sessions (even when not swimming in an event) to watch and cheer on their teammates.

12. All swimmers who have a regular physical therapy routine are expected to continue this routine on schedule while at the meet.

13. Please **WEAR YOUR GMA ATTIRE** and represent your team with pride, respect and spirit!

14. Please **HAVE A BLAST!!** You have earned a **GREAT MEET!!** **GO GMA!!**

WELCOME COACHES, OFFICIALS, AND ATHLETES

To the Zesiger Aquatic Center

2010 New England Swimming 13-19 Age Group Championships

March 4-7, 2010

Coaches are reminded to know all USA Swimming rules, understand the meet information and all New England Swimming policies regarding championship competitions. There will not be a coaches meeting during the meet. Please direct all questions to the meet referee and meet director.

Meet Website – All information on this meet can be found on the [MEET WEBSITE](#)

Zesiger Pool Rules- Please help us maintain a high caliber event by following facility rules.

- ❖ No lawn/coaches/directors chairs, or helium balloons in the building.
- ❖ No glass on deck.
- ❖ Shoes must be worn beyond the aquatic center locker room and gallery.
- ❖ No food or coolers on deck. Drinks in plastic containers only.
- ❖ Athletes, Coaches, and Spectators are restricted to the aquatic center and main lobby.
- ❖ Please bring bags on deck and do not leave belonging in locker room.
- ❖ Clean up team area after each session.
- ❖ Deck changing is not allowed at any time!

ENTRANCE - 2nd floor via north gallery spiral staircase.

ATHLETES – That are participating in the session will be allowed on deck. Check in and stamping will NOT be done for the athletes. All swimmers who are not swimming in the session are asked to view the meet from the spectator gallery.

SPECTATORS- Will be invited to enter the spectator gallery 15 minutes after the athletes have been granted access to the pool. Please do not crowd the entrance to the gallery in order to allow swimmers an easy access to the pool.

[Opportunity to give back at 13-19 Age Group Champs](#)

ATHLETES:

Sweatshirt drive- We would like to ask all attending athletes to give 1 older (but in good condition), sweatshirt. These sweatshirts will go to the Home for Little Wanderers in Boston's Jamaica Plain neighborhood. This is a great chance for the kids to give back. Sweatshirts are in demand for the spring time. www.thehome.org Sweatshirts will be picked up at the top of the entrance, each morning, as the children make their way to the pool.

PARENTS/ SPECTATORS:

Free admission (*Not free programs*) for finals session- When you donate 1 non perishable food item. These donations will go to Rosie's Place in Boston. Non-perishable food items, particularly canned vegetables and fruits, cereal, peanut butter, pasta, non-refrigerated juices and rice.

COACHES AND OFFICIALS - will use their US Swimming card as credentials to gain access to the pool. No coach or official will be allowed on the pool deck with our proper USA Swimming Credentials.

PARENT WORKERS AND TIMERS - will need to check in at the spiral staircase to pick up their credential for deck access. Athletes serving as timers will get their credential from the timer on deck. Please return these credentials after your shift. Please refer to the team work assignment posted on Northshoreswimclub.com.

ONLINE POSTING - on the website www.northshoreswimclub.com is the Psyche Sheets for all prelims, warm up schedule, facility pictures, session time lines and entry list by Team. Please direct all your swimmers and families to this site for all the meet information.

OFFICIALS- All officials must be previously scheduled with the referee to work any session of the meet.

DISTANCE EVENTS- 1000 freestyle on Thursday will run fastest to slowest alternating female/ male. Positive check in for the 1000 free by 4:45 PM on Thursday.

RELAYS – Both the 200 yard relays are positive check in by the completion of the prelim session the day of that event. These relays will be swimming at the beginning of finals. These relays will be seeded prior to the Finals event. All other relays will be a positive check in during the evening session. Check the schedule for all deadlines for relays and events. We will be swimming the all the 13-14 relays in the Scoreboard pool and the 15-19 relays in the spectator pool due to the length of the finals session on Friday and Saturday. All individual events for finals will be in the spectator pool.

TIME TRIALS – Time Trials (Friday, Saturday, Sunday evening)

North Shore Swim Club would like to announce that we will offer all swimmers time trials during the finals sessions of the 13-19 Age Group Championships, in the scoreboard pool. Time trial swimmers must be entered into the 13-19 age group championship meet, including relay only swimmers to participate. Time trial sign ups will be Friday, Saturday and Sunday morning from 9:00 AM - 12:00 noon. We will only time trial the events that are offered on that specific day of the 13-19 championship meet. Time trials will run approximately 90 minutes starting 15 minutes after the beginning of the Finals session. Time trials will conclude before the finals session relay regardless of remaining swims. Swimmers who do not get to swim will be reimbursed. All time trials will be \$10.00 per event. Swimmers are reminded that they are only allowed to swim in a maximum of 3 individual events per day including time trials. All events except the 1000 free and the 1650 free will be offered in time trials. All time trial events must have swimmers provide own timers with watches

INSTANT RESULTS – Will occur and can be seen on the www.northshoreswimclub.com under [RESULTS/MEET REPORTS](#)

POOL/COURSE BREAKDOWN- 13-14 prelim sessions will be in the scoreboard pool. 15-19 prelim sessions will be in the spectator pool. Finals sessions will be held in the spectator pool with the exception of the 13-14 relays on Friday & Saturday.

COACHES HOSPITALITY- there will be no food allowed on deck. NSSC will provide timers, officials and coaches with hospitality area throughout the meet.

FACILITY DAMAGE- Facility damage will be charged back to the responsible team. Teams are responsible for the cleanliness of the area that they choose to sit.

ACCIDENT/ INCIDENTS- MIT will need to fill out an accident report. Lifeguards will handle all in water emergencies as well as minor injuries. EMS will be called in the event of a serious injury. Emergency response time is approximately 5 minutes.

EMERGENCY EVACUATION: An alarm will sound. Lifeguards and customer service staff will direct evacuation. Athletes will exit at deck level through locker room or south west corner near teaching pool. Spectators will exit gallery and proceed down closest stairwell. All athletes, coaches and spectators must exit the building. Meet will resume once facility is safe.

DIRECTIONS/PARKING –

- Directions can be found at whereis.mit.edu
- There is limited on street parking available. MIT encourage swimmers to carpool when able to maximize space available. Please plan accordingly.
- **Parking for Thursday - Friday** – Coupon Available at the Aquatic Center.
- For directions to 80 Landsdowne St garage. See www.northshoreswimclub.com
Saturday and Sunday: \$5 event parking will be available at MIT West garage on Vassar Street across the street from the Zesiger Sports and Fitness Center.
Vehicles that are not parked in a marked spot will be ticketed and towed.

HOSPITAL- MIT EMS will transport injured persons to a local hospital. The number for MIT EMS is (617) 253-1212.

SPECIAL NOTE- MIT has been gracious in accepting New England Swimming into their complex. Please note that NSSC will expect proper behavior from everyone. Please go out of your way to clean up your area and obey all MIT rules and regulations.

QUESTIONS- please direct all meet questions to Dan Warner at 978-852-3985 or nssc1@aol.com.

2009 New England 13-19 Age Group Championships
March 4-7, 2010 Zesiger Center, MIT
Team Work Assignments

THURSDAY DISTANCE SESSION: Start 6:30pm

Each swimmer in the 1000 freestyle must provide own timer and counter.

Officials: ANA, GMA

FRIDAY PRELIMS (Spectator Pool)

Start at 9:00am. Mandatory timer meeting at 8:40am

Swimmers in the 400 IM must provide their own timer for their swim.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Backup	Backup
ANA	MST	MAG	BGSC	ABF	KING	NWSC	SSA	SAC	YNS	BOSS	YMA
HYV	MST	MAG	BGSC	ABF	KING	NWSC	SSA	SAC	YNS	NAS	YMA

Officials: ABF (2), WYST, HYV, ANA, RAM, YNS, GMA (2), AQX, GMSC

FRIDAY PRELIMS (Scoreboard Pool)

Start at 9:00am. Mandatory timer meeting at 8:40am

Swimmers in the 400 IM must provide their own timer for their swim.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Backup	Backup
GMSC	LRAC	MAG	BGSC	CCSC	CRA	PSC	SAC	SSYS	GMA	RAMS
LRAC	LRAC	MAG	BGSC	CCSC	CRA	PSC	SAC	SSYS	GMSC	WSSC

FRIDAY FINALS (Spectator Pool)

Start at 6:00pm. Mandatory timer meeting at 5:40pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Backup	Backup
YNS	CCSC	HYV	MAG	BGSC	ABF	SAC	MTSC	SSA	PSC	YMA	ANA
YNS	CRA	KING	MAG	BGSC	ABF	SAC	NWSC	SSYS	RAMS		

Officials: RAM, GMA (2), LRAC,

SATURDAY PRELIMS (Spectator Pool)

Start at 9:00am. Mandatory timer meeting at 8:40am

Swimmers in the 500 freestyle must provide their own timer and counter for their swim.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Backup	Backup
ABF	YNS	CCSC	KING	LRAC	MAG	RAMS	SAC	GMSC	BGSC	BGSC	BYB
ABF	YNS	CCSC	KING	LRAC	MAG	SSA	SAC	MST	BGSC	HYV	YMA

Officials: ABF, WYST (2), ANA, HYV, BGSC, NCAC, GMA (2), AQX, GMSC, YNS

SATURDAY PRELIMS (Scoreboard Pool)

Start at 9:00am. Mandatory timer meeting at 8:40am

Swimmers in the 500 freestyle must provide their own timer and counter for their swim.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Backup	Backup
ANA	ABF	MAG	NWSC	PSC	SOLO	WTSC	SAC	CRA	BOSS	CCYM
ANA	ABF	MAG	NAS	PSC	SSYS	WYST	SAC	ESC	AAC	WYST

SATURDAY FINALS (Spectator Pool)

Start at 6:00pm. Mandatory timer meeting at 5:40pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Backup	Backup
ABF	ABF	SAC	YNS	YMA	BGSC	GMSC	MAG	HYV	CCSC	BGSC	ANA
ABF	ABF	SAC	YNS	NWSC	BGSC	GMSC	MAG	PSC	CRA		

Officials: WYST, GMA (2), LRAC

SUNDAY PRELIMS (Spectator Pool)

Start at 9:00am. Mandatory timer meeting at 8:40am

Swimmers in the 1650 freestyle must provide their own timer and counter for their swim.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Backup	Backup
MAG	SSA	SOLO	LRAC	BGSC	ABF	CCSC	GMSC	KING	ANA	ANA	BOSS
MAG	WTSC	SSYS	LRAC	BGSC	ABF	CCSC	GMSC	KING	ANA	GMSC	MST

Officials: ABF (2), HYV, ANA, BGSC, NCAC, WYST, GMA (2), LRAC, GMSC, MST

SUNDAY PRELIMS (Scoreboard Pool)

Start at 9:00am. Mandatory timer meeting at 8:40am

Swimmers in the 1650 freestyle must provide their own timer and counter for their swim.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Backup	Backup
SAC	SAC	PSC	NWSC	BGSC	ABF	CRA	MAG	YNS	HYV	GMA
SAC	SAC	PSC	YMA	BGSC	ABF	CRA	MAG	YNS	NAS	RAMS

SUNDAY FINALS (Spectator Pool)

Start at 5:00pm. Mandatory timer meeting at 4:40pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Backup	Backup
CCSC	ABF	ABF	YNS	BGSC	SAC	SSA	GMSC	YMA	HYV	ANA	CRA
GMA	ABF	ABF	YNS	BGSC	SAC	MST	GMSC	KING	MAG		

Officials: GMA (2), LRAC

**NE 13-19 Age Group Championship
Team Warm UP Assignments
March 4-7, 2010**

Spectator Pool

Thursday 4:30-5:25 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
General Warm Up 1000 Swimmers Only									

Friday 7:30-8:00 AM, Saturday 8:00-8:30 AM, Sunday 8:30-8:55 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
MAG	MAG	MAG	RAYS	HYV	CRA	ESC	NSSC	SOLO	WTSC
			MYT						

Friday 8:00-8:30 AM, Saturday 8:30-8:55 AM, Sunday 7:30-8:00 AM

NWSC	NWSC	CCSC	CCSC	ANA	ANA	GMA	GMA	RAMS	RAMS
SCA		MTSC			HRV				EST
BGNE		KASC			ENVY				
MD					STRM				

Friday 8:30-8:55 AM, Saturday 7:30-8:00 AM, Sunday 8:00-8:30 AM

SSA	SSA	YMA	WSSC	CCYM	BOSS	SAC	SAC	SAC	SAC
EDSC			BYD	WW	LRW				
WACK									

Scoreboard Pool

Thursday 4:30 – 10 minutes after the end of the session

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	
General Warm Up 1000 Swimmers Only									

Friday 7:30-8:00 AM, Saturday 8:00-8:30 AM, Sunday 8:30-8:55 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	
SSYS	KING	KING	LRAC	LRAC	BGSC	BGSC	BGSC	BGSC	
MWYS									

Friday 8:00-8:30 AM, Saturday 8:30-8:55 AM, Sunday 7:30-8:00 AM

ABF	ABF	ABF	ABF	NAS	FINS	AAC	WYST	MST	
				PST	HHS	NCAC	ATST		
				PWSC					

Friday 8:30-8:55 AM, Saturday 7:30-8:00 AM, Sunday 8:00-8:30 AM

UNAT	GMSC	GMSC	PSC	PSC	BYB	YNS	YNS	YNS	
HAY			CCBS						

Green Mountain Aquatics (NE-GMA)
62 Laurel Hill Drive, South Burlington, Vermont 05403
Meet Entry Report

Meet: 2010 NE March 13-19 Age Group Championship (Location: MIT)
Date: 03/04/2010 - 03/07/2010 (Ageup Date: 03/04/2010)

ANDERSON, REBECCA E (18)

# 9 Girl 15-19 200 Free	1:55.49Y	1:55.49Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 17 Girl 15-19 100 Fly	59.70Y	59.70Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 21 Girl 15-19 400 Medley	4:39.70Y	4:39.70Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 33 Girl 15-19 200 Fly	2:12.74Y	2:12.74Y (11/07/09 - 2009 NE NCAC November Classic)
# 45 Girl 15-19 100 Back	1:00.96Y	1:00.96Y (03/12/09 - NE 2009 Speedo Champions Serie)
# 49 Girl 15-19 500 Free	5:12.71Y	5:12.71Y (12/04/09 - 2009 NE NCAC Winter Classic)
# 59 Girl 15-19 200 Back	2:08.45Y	2:08.45Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 63 Girl 15-19 100 Free	54.89Y	54.89Y (12/06/09 - 2009 NE NCAC Winter Classic)
# 67 Girl 15-19 200 Medley	2:13.27Y	2:13.27Y (12/05/09 - 2009 NE NCAC Winter Classic)

Boardman, Samuel R (15)

# 18 Boy 15-19 100 Fly	NT	
# 38 Boy 15-19 50 Free	24.92Y	24.92Y (02/14/10 - 2010 NE NCAC Regional Meet)
# 64 Boy 15-19 100 Free	53.66Y	53.66Y (01/31/10 - GMAVermontInvitationalMeet2010)

BOOHER, HAYLEY V (14)

# 1A Girl 13-14 1000 Free	11:12.61Y	11:12.61Y (03/05/09 - New England 2009 Age Group 13-)
# 7 Girl 13-14 200 Free	2:04.51Y	2:04.51Y (03/05/09 - New England 2009 Age Group 13-)
# 19 Girl 13-14 400 Medley	4:53.12Y	4:53.12Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 43 Girl 13-14 100 Back	1:02.19Y	1:02.19Y (03/05/09 - New England 2009 Age Group 13-)
# 47 Girl 13-14 500 Free	5:35.00Y	5:35.00Y (12/04/09 - 2009 NE NCAC Winter Classic)
# 57 Girl 13-14 200 Back	2:14.19Y	2:14.19Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 61 Girl 13-14 100 Free	57.62Y	57.62Y (12/06/09 - 2009 NE NCAC Winter Classic)
# 65 Girl 13-14 200 Medley	2:20.34Y	2:20.34Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)

ESTRADA, KRYSZYNA (16)

# 9 Girl 15-19 200 Free	2:02.49Y	2:02.49Y (03/05/09 - New England 2009 Age Group 13-)
# 37 Girl 15-19 50 Free	24.77Y	24.77Y (03/05/09 - New England 2009 Age Group 13-)
# 63 Girl 15-19 100 Free	54.98Y	54.98Y (03/12/09 - NE 2009 Speedo Champions Serie)

GREY, EVAN P (15)

# 14 Boy 15-19 100 Breast	1:05.82Y	1:05.82Y (03/05/09 - New England 2009 Age Group 13-)
# 18 Boy 15-19 100 Fly	57.36Y	57.36Y (01/31/10 - GMAVermontInvitationalMeet2010)
# 22 Boy 15-19 400 Medley	4:23.93Y	4:23.93Y (01/10/10 - GMAWinterKnightsInvitational20)
# 34 Boy 15-19 200 Fly	2:04.68Y	2:04.68Y (03/05/09 - New England 2009 Age Group 13-)
# 42 Boy 15-19 200 Breast	2:19.38Y	2:19.38Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 50 Boy 15-19 500 Free	5:01.36Y	5:01.36Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 60 Boy 15-19 200 Back	2:04.42Y	2:04.42Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 68 Boy 15-19 200 Medley	2:04.28Y	2:04.28Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)

GREY, TAYLOR M (18)

# 2B Boy 15-19 1000 Free	9:31.17Y	9:31.17Y (03/05/09 - New England 2009 Age Group 13-)
# 10 Boy 15-19 200 Free	1:43.48Y	1:43.48Y (03/05/09 - New England 2009 Age Group 13-)
# 14 Boy 15-19 100 Breast	56.67Y	56.67Y (03/05/09 - New England 2009 Age Group 13-)
# 38 Boy 15-19 50 Free	22.23Y	22.23Y (03/05/09 - New England 2009 Age Group 13-)
# 42 Boy 15-19 200 Breast	2:01.78Y	2:01.78Y (03/05/09 - New England 2009 Age Group 13-)
# 46 Boy 15-19 100 Back	53.11Y	53.11Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 60 Boy 15-19 200 Back	1:52.47Y	1:52.47Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 64 Boy 15-19 100 Free	48.78Y	48.78Y (01/09/10 - GMAWinterKnightsInvitational20)
# 68 Boy 15-19 200 Medley	1:52.46Y	1:52.46Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)

Griffith, Jenna Elizabeth (14)

# 1A Girl 13-14 1000 Free	10:59.16Y	10:59.16Y (12/17/09 - 2009 NE GMSC SENIOR CHAMPS)
# 7 Girl 13-14 200 Free	1:59.98Y	1:59.98Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 15 Girl 13-14 100 Fly	59.12Y	59.12Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 19 Girl 13-14 400 Medley	4:38.43Y	4:38.43Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)

# 31 Girl 13-14 200 Fly	2:12.24Y	2:12.24Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 39 Girl 13-14 200 Breast	2:34.35Y	2:34.35Y (12/06/09 - 2009 NE NCAC Winter Classic)
# 43 Girl 13-14 100 Back	1:01.50Y	1:01.50Y (01/31/10 - GMAVermontInvitationalMeet2010)
# 57 Girl 13-14 200 Back	2:09.66Y	2:09.66Y (01/08/10 - GMAWinterKnightsInvitational20)
# 61 Girl 13-14 100 Free	56.76Y	56.76Y (01/09/10 - GMAWinterKnightsInvitational20)
# 65 Girl 13-14 200 Medley	2:12.68Y	2:12.68Y (12/05/09 - 2009 NE NCAC Winter Classic)

HADDEN, DYLAN E (17)

# 38 Boy 15-19 50 Free	23.63Y	23.63Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 46 Boy 15-19 100 Back	56.23Y	56.23Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 50 Boy 15-19 500 Free	5:09.92Y	5:09.92Y (12/04/09 - 2009 NE NCAC Winter Classic)
# 60 Boy 15-19 200 Back	2:01.31Y	2:01.31Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 68 Boy 15-19 200 Medley	2:09.72Y	2:09.72Y (01/31/10 - GMAVermontInvitationalMeet2010)

Hancock, Kira M (13)

# 7 Girl 13-14 200 Free	2:03.29Y	2:03.29Y (01/10/10 - GMAWinterKnightsInvitational20)
# 11 Girl 13-14 100 Breast	1:14.73Y	1:14.73Y (02/14/10 - 2010 NE NCAC Regional Meet)
# 35 Girl 13-14 50 Free	26.39Y	26.39Y (01/08/10 - GMAWinterKnightsInvitational20)
# 39 Girl 13-14 200 Breast	2:41.55Y	2:41.55Y (02/13/10 - 2010 NE NCAC Regional Meet)
# 43 Girl 13-14 100 Back	1:05.89Y	1:05.89Y (01/31/10 - GMAVermontInvitationalMeet2010)
# 47 Girl 13-14 500 Free	5:29.86Y	5:29.86Y (02/12/10 - 2010 NE NCAC Regional Meet)
# 61 Girl 13-14 100 Free	56.22Y	56.22Y (01/09/10 - GMAWinterKnightsInvitational20)
# 65 Girl 13-14 200 Medley	2:21.41Y	2:21.41Y (02/14/10 - 2010 NE NCAC Regional Meet)

Hancock, Kyle Z (16)

# 14 Boy 15-19 100 Breast	1:02.59Y	1:02.59Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 38 Boy 15-19 50 Free	23.17Y	23.17Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 42 Boy 15-19 200 Breast	2:22.42Y	2:22.42Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)

KAROSAS, TASIJA A (14)

# 7 Girl 13-14 200 Free	1:53.24Y	1:53.24Y (03/05/09 - New England 2009 Age Group 13-)
# 15 Girl 13-14 100 Fly	1:01.03Y	1:01.03Y (11/08/09 - 2009 NE MAG NOV TEAM SPECIALTY)
# 19 Girl 13-14 400 Medley	4:31.10Y	4:31.10Y (12/11/09 - 2009 Speedo Short Course Junio)
# 31 Girl 13-14 200 Fly	2:09.46Y	2:09.46Y (03/05/09 - New England 2009 Age Group 13-)
# 43 Girl 13-14 100 Back	59.20Y	59.20Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 47 Girl 13-14 500 Free	5:06.28Y	5:06.28Y (03/05/09 - New England 2009 Age Group 13-)
# 57 Girl 13-14 200 Back	2:04.61Y	2:04.61Y (12/12/09 - 2009 Speedo Short Course Junio)
# 61 Girl 13-14 100 Free	53.25Y	53.25Y (03/12/09 - NE 2009 Speedo Champions Serie)
# 65 Girl 13-14 200 Medley	2:08.51Y	2:08.51Y (12/10/09 - 2009 Speedo Short Course Junio)

LAZAROVICH, DAVID (15)

# 14 Boy 15-19 100 Breast	1:14.78L	1:06.94Y (03/05/09 - New England 2009 Age Group 13-)
# 42 Boy 15-19 200 Breast	2:22.51Y	2:22.51Y (03/05/09 - New England 2009 Age Group 13-)
# 50 Boy 15-19 500 Free	5:18.92Y	4:34.83L (08/02/09 - 2009 NE LCM Open Championships)
# 68 Boy 15-19 200 Medley	2:09.61Y	2:09.61Y (02/13/10 - 2010 NE NCAC Regional Meet)

LAZAROVICH, MAYA (17)

# 21 Girl 15-19 400 Medley	4:58.52Y	4:58.52Y (02/12/10 - 2010 NE NCAC Regional Meet)
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MCGOVERN, KELSEY M (17)

# 9 Girl 15-19 200 Free	1:58.98Y	1:58.98Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 37 Girl 15-19 50 Free	24.65Y	24.65Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 63 Girl 15-19 100 Free	54.78Y	54.78Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 67 Girl 15-19 200 Medley	2:19.46Y	2:19.46Y (01/31/10 - GMAVermontInvitationalMeet2010)

McNall, Lindsay E (15)

# 21 Girl 15-19 400 Medley	4:52.89Y	4:52.89Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
# 33 Girl 15-19 200 Fly	2:17.23Y	2:17.23Y (03/05/09 - New England 2009 Age Group 13-)
# 45 Girl 15-19 100 Back	1:02.39Y	1:02.39Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 59 Girl 15-19 200 Back	2:11.83Y	2:11.83Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 67 Girl 15-19 200 Medley	2:17.27Y	2:17.27Y (02/13/10 - 2010 NE NCAC Regional Meet)

Philbrick, Brandon D (15)

# 64 Boy 15-19 100 Free	51.32Y	51.32Y (02/13/10 - 2010 NE NCAC Regional Meet)
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Spaniel, George N (17)

# 10 Boy 15-19 200 Free	1:51.62Y	1:51.62Y (01/31/10 - GMAVermontInvitationalMeet2010)
# 38 Boy 15-19 50 Free	22.63Y	22.63Y (01/31/10 - GMAVermontInvitationalMeet2010)
# 60 Boy 15-19 200 Back	2:23.80L	2:23.80L (07/27/09 - 2009 YMCA National Long Course)
# 64 Boy 15-19 100 Free	49.54Y	49.54Y (01/31/10 - GMAVermontInvitationalMeet2010)

Ubert, Michael Robert (16)

# 2B Boy 15-19 1000 Free	9:37.40Y	9:37.40Y (03/12/09 - NE 2009 Speedo Champions Serie)
# 10 Boy 15-19 200 Free	1:48.66Y	1:48.66Y (03/12/09 - NE 2009 Speedo Champions Serie)
# 22 Boy 15-19 400 Medley	4:28.60Y	4:28.60Y (01/10/10 - GMAWinterKnightsInvitational20)
# 38 Boy 15-19 50 Free	23.74Y	23.74Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 46 Boy 15-19 100 Back	58.08Y	58.08Y (02/13/10 - 2010 NE NCAC Regional Meet)
# 50 Boy 15-19 500 Free	4:43.83Y	4:43.83Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 56B Boy 15-19 1650 Free	16:14.69Y	16:14.69Y (12/12/09 - 2009 Speedo Short Course Junio)
# 60 Boy 15-19 200 Back	1:59.21Y	1:59.21Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
# 68 Boy 15-19 200 Medley	2:07.05Y	2:07.05Y (01/31/10 - GMAVermontInvitationalMeet2010)

WEAVER, CHRISTA E (15)

# 9 Girl 15-19 200 Free	1:56.73Y	1:56.73Y (03/05/09 - New England 2009 Age Group 13-)
# 13 Girl 15-19 100 Breast	1:10.00Y	1:10.00Y (03/05/09 - New England 2009 Age Group 13-)
# 21 Girl 15-19 400 Medley	4:57.78Y	4:57.78Y (03/05/09 - New England 2009 Age Group 13-)
# 37 Girl 15-19 50 Free	24.34Y	24.34Y (03/05/09 - New England 2009 Age Group 13-)
# 45 Girl 15-19 100 Back	1:00.60Y	1:00.60Y (03/05/09 - New England 2009 Age Group 13-)
# 49 Girl 15-19 500 Free	5:24.77Y	5:24.77Y (03/05/09 - New England 2009 Age Group 13-)
# 59 Girl 15-19 200 Back	2:08.61Y	2:08.61Y (03/05/09 - New England 2009 Age Group 13-)
# 63 Girl 15-19 100 Free	53.49Y	53.49Y (03/05/09 - New England 2009 Age Group 13-)
# 67 Girl 15-19 200 Medley	2:39.42L	2:39.42L (07/23/09 - 2009 NE 14 & Under LCM Champio)

Winget, Michael G (15)

# 10 Boy 15-19 200 Free	1:52.97Y	1:52.97Y (01/10/10 - GMAWinterKnightsInvitational20)
# 18 Boy 15-19 100 Fly	56.06Y	56.06Y (01/08/10 - GMAWinterKnightsInvitational20)
# 22 Boy 15-19 400 Medley	4:34.19Y	4:34.19Y (01/10/10 - GMAWinterKnightsInvitational20)
# 34 Boy 15-19 200 Fly	2:07.59Y	2:07.59Y (01/09/10 - GMAWinterKnightsInvitational20)
# 38 Boy 15-19 50 Free	23.53Y	23.53Y (12/05/09 - 2009 NE NCAC Winter Classic)
# 46 Boy 15-19 100 Back	55.95Y	55.95Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
# 60 Boy 15-19 200 Back	2:03.16Y	2:03.16Y (12/05/09 - 2009 NE NCAC Winter Classic)
# 64 Boy 15-19 100 Free	51.62Y	51.62Y (01/09/10 - GMAWinterKnightsInvitational20)
# 68 Boy 15-19 200 Medley	2:07.19Y	2:07.19Y (01/31/10 - GMAVermontInvitationalMeet2010)

Wood, David Michael (17)

# 18 Boy 15-19 100 Fly	57.57Y	57.57Y (02/14/10 - 2010 NE NCAC Regional Meet)
# 68 Boy 15-19 200 Medley	2:09.59Y	2:09.59Y (02/13/10 - 2010 NE NCAC Regional Meet)

	Female	Male	Total
Individual Events	66	57	123
Individual Athletes	10	11	21
Relay Events			0
Relay Teams			0

I hereby certify that all individuals on this entry form are registered members of USA swimming and that they are eligible to compete in this meet.

Coach or Team Representative:

(Print Full Name, Sign, & Date)

Green Mountain Aquatics (NE-GMA)
62 Laurel Hill Drive, South Burlington, Vermont 05403
Meet Entry Report

Meet: 2010 NE March 13-19 Age Group Championship (Location: MIT)

Date: 03/04/2010 - 03/07/2010 (Ageup Date: 03/04/2010)

3 Girl 13-14 200 Medley Relay

[Relay Team A]	1:54.00Y	
1 BOOHER, HAYLEY V (14)		31.05Y (11/07/09 - 2009 NE NCAC November Classic)
2 Hancock, Kira M (13)		35.60Y (11/08/09 - 2009 NE NCAC November Classic)
3 Griffith, Jenna Elizabeth (14)		
4 KAROSAS, TASIJA A (14)		25.89Y (11/08/09 - 2009 NE MAG NOV TEAM SPECIALTY)

5 Girl 15-19 200 Medley Relay

[Relay Team A]	1:48.95Y	
1 ANDERSON, REBECCA E (18)		26.69Y (11/07/09 - 2009 NE NCAC November Classic)
2 LAZAROVICH, MAYA (17)		
3 McNall, Lindsay E (15)		
4 WEAVER, CHRISTA E (15)		24.34Y (03/05/09 - New England 2009 Age Group 13-)
5 MCGOVERN, KELSEY M (17)		
6 ESTRADA, KRYSTYNA (16)		

6 Boy 15-19 200 Medley Relay

[Relay Team A]	1:40.23Y	
1 HADDEN, DYLAN E (17)		27.28Y (02/13/10 - 2010 NE NCAC Regional Meet)
2 GREY, TAYLOR M (18)		
3 Winget, Michael G (15)		
4 Hancock, Kyle Z (16)		23.17Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
[Relay Team B]	1:48.51Y	
1 Ubert, Michael Robert (16)		
2 GREY, EVAN P (15)		
3 Wood, David Michael (17)		
4 Philbrick, Brandon D (15)		23.92Y (02/14/10 - 2010 NE NCAC Regional Meet)
5 LAZAROVICH, DAVID (15)		

23 Girl 13-14 400 Free Relay

[Relay Team A]	3:47.87Y	
1 Hancock, Kira M (13)		56.22Y (01/09/10 - GMAWinterKnightsInvitational20)
2 BOOHER, HAYLEY V (14)		57.62Y (12/06/09 - 2009 NE NCAC Winter Classic)
3 Griffith, Jenna Elizabeth (14)		56.76Y (01/09/10 - GMAWinterKnightsInvitational20)
4 KAROSAS, TASIJA A (14)		53.25Y (03/12/09 - NE 2009 Speedo Champions Serie)

25 Girl 15-19 400 Free Relay

[Relay Team A]	3:38.14Y	
1 MCGOVERN, KELSEY M (17)		54.78Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
2 ESTRADA, KRYSTYNA (16)		54.98Y (03/12/09 - NE 2009 Speedo Champions Serie)
3 ANDERSON, REBECCA E (18)		54.89Y (12/06/09 - 2009 NE NCAC Winter Classic)
4 WEAVER, CHRISTA E (15)		53.49Y (03/05/09 - New England 2009 Age Group 13-)
5 LAZAROVICH, MAYA (17)		
6 McNall, Lindsay E (15)		

26 Boy 15-19 400 Free Relay

[Relay Team A]	3:19.03Y	
1 Philbrick, Brandon D (15)		51.32Y (02/13/10 - 2010 NE NCAC Regional Meet)
2 Ubert, Michael Robert (16)		51.90Y (12/06/09 - 2009 NE NCAC Winter Classic)
3 Winget, Michael G (15)		51.62Y (01/09/10 - GMAWinterKnightsInvitational20)
4 GREY, TAYLOR M (18)		48.78Y (01/09/10 - GMAWinterKnightsInvitational20)
[Relay Team B]	3:28.22Y	
1 Hancock, Kyle Z (16)		52.65Y (02/13/10 - 2010 NE NCAC Regional Meet)
2 GREY, EVAN P (15)		52.94Y (01/09/10 - GMAWinterKnightsInvitational20)
3 LAZAROVICH, DAVID (15)		52.80Y (02/13/10 - 2010 NE NCAC Regional Meet)
4 HADDEN, DYLAN E (17)		52.05Y (02/13/10 - 2010 NE NCAC Regional Meet)
5 Wood, David Michael (17)		

27 Girl 13-14 200 Free Relay

[Relay Team A]

1:50.81Y

- 1 Griffith, Jenna Elizabeth (14)
- 2 BOOHER, HAYLEY V (14)
- 3 Hancock, Kira M (13)
- 4 KAROSAS, TASIJA A (14)

- 26.08Y (12/05/09 - 2009 NE NCAC Winter Classic)
- 27.20Y (03/05/09 - New England 2009 Age Group 13-)
- 26.39Y (01/08/10 - GMAWinterKnightsInvitational20)
- 25.89Y (11/08/09 - 2009 NE MAG NOV TEAM SPECIALTY)

29 Girl 15-19 200 Free Relay

[Relay Team A]

1:39.52Y

- 1 MCGOVERN, KELSEY M (17)
- 2 ANDERSON, REBECCA E (18)
- 3 ESTRADA, KRISTYNA (16)
- 4 WEAVER, CHRISTA E (15)
- 5 McNall, Lindsay E (15)
- 6 LAZAROVICH, MAYA (17)

- 24.65Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
- 25.76Y (03/05/09 - New England 2009 Age Group 13-)
- 24.77Y (03/05/09 - New England 2009 Age Group 13-)
- 24.34Y (03/05/09 - New England 2009 Age Group 13-)

30 Boy 15-19 200 Free Relay

[Relay Team A]

1:31.46Y

- 1 Hancock, Kyle Z (16)
- 2 HADDEN, DYLAN E (17)
- 3 Winget, Michael G (15)
- 4 GREY, TAYLOR M (18)

- 23.17Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
- 23.63Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
- 23.53Y (12/05/09 - 2009 NE NCAC Winter Classic)
- 22.23Y (03/05/09 - New England 2009 Age Group 13-)

[Relay Team B]

1:34.82Y

- 1 Philbrick, Brandon D (15)
- 2 LAZAROVICH, DAVID (15)
- 3 Wood, David Michael (17)
- 4 Ubert, Michael Robert (16)
- 5 GREY, EVAN P (15)

- 23.92Y (02/14/10 - 2010 NE NCAC Regional Meet)
- 24.44Y (12/06/09 - 2009 NE NCAC Winter Classic)
- 24.44Y (02/14/10 - 2010 NE NCAC Regional Meet)
- 23.74Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)

51 Girl 13-14 800 Free Relay

[Relay Team A]

8:02.02Y

- 1 Griffith, Jenna Elizabeth (14)
- 2 BOOHER, HAYLEY V (14)
- 3 Hancock, Kira M (13)
- 4 KAROSAS, TASIJA A (14)

- 1:59.98Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
- 2:04.51Y (03/05/09 - New England 2009 Age Group 13-)
- 2:03.29Y (01/10/10 - GMAWinterKnightsInvitational20)
- 1:53.24Y (03/05/09 - New England 2009 Age Group 13-)

53 Girl 15-19 800 Free Relay

[Relay Team A]

7:53.69Y

- 1 WEAVER, CHRISTA E (15)
- 2 ESTRADA, KRISTYNA (16)
- 3 MCGOVERN, KELSEY M (17)
- 4 ANDERSON, REBECCA E (18)
- 5 McNall, Lindsay E (15)
- 6 LAZAROVICH, MAYA (17)

- 1:56.73Y (03/05/09 - New England 2009 Age Group 13-)
- 2:02.49Y (03/05/09 - New England 2009 Age Group 13-)
- 1:58.98Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
- 1:55.49Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)

54 Boy 15-19 800 Free Relay

[Relay Team A]

7:28.35Y

- 1 GREY, EVAN P (15)
- 2 Winget, Michael G (15)
- 3 Ubert, Michael Robert (16)
- 4 GREY, TAYLOR M (18)
- 5 HADDEN, DYLAN E (17)
- 6 LAZAROVICH, DAVID (15)
- 7 Philbrick, Brandon D (15)

- 1:53.46Y (01/10/10 - GMAWinterKnightsInvitational20)
- 1:52.97Y (01/10/10 - GMAWinterKnightsInvitational20)
- 1:48.66Y (03/12/09 - NE 2009 Speedo Champions Serie)
- 1:43.48Y (03/05/09 - New England 2009 Age Group 13-)

69 Girl 13-14 400 Medley Relay

[Relay Team A]

4:23.95Y

- 1 BOOHER, HAYLEY V (14)
- 2 Hancock, Kira M (13)
- 3 Griffith, Jenna Elizabeth (14)
- 4 KAROSAS, TASIJA A (14)

- 1:02.19Y (03/05/09 - New England 2009 Age Group 13-)
- 1:14.73Y (02/14/10 - 2010 NE NCAC Regional Meet)
- 59.12Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
- 53.25Y (03/12/09 - NE 2009 Speedo Champions Serie)

71 Girl 15-19 400 Medley Relay

[Relay Team A]	4:06.87Y	
1 McNall, Lindsay E (15)		1:02.39Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
2 WEAVER, CHRISTA E (15)		1:10.00Y (03/05/09 - New England 2009 Age Group 13-)
3 ANDERSON, REBECCA E (18)		59.70Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
4 MCGOVERN, KELSEY M (17)		54.78Y (12/20/09 - 2009 NE GMSC SENIOR CHAMPS)
5 ESTRADA, KRISTYNA (16)		
6 LAZAROVICH, MAYA (17)		

72 Boy 15-19 400 Medley Relay

[Relay Team A]	3:37.50Y	
1 HADDEN, DYLAN E (17)		56.23Y (12/19/09 - 2009 NE GMSC SENIOR CHAMPS)
2 GREY, TAYLOR M (18)		56.67Y (03/05/09 - New England 2009 Age Group 13-)
3 Winget, Michael G (15)		56.06Y (01/08/10 - GMAWinterKnightsInvitational20)
4 Philbrick, Brandon D (15)		51.32Y (02/13/10 - 2010 NE NCAC Regional Meet)

[Relay Team B]	3:47.50Y	
1 Ubert, Michael Robert (16)		58.08Y (02/13/10 - 2010 NE NCAC Regional Meet)
2 Hancock, Kyle Z (16)		1:02.59Y (12/18/09 - 2009 NE GMSC SENIOR CHAMPS)
3 GREY, EVAN P (15)		57.36Y (01/31/10 - GMAVermontInvitationalMeet2010)
4 LAZAROVICH, DAVID (15)		52.80Y (02/13/10 - 2010 NE NCAC Regional Meet)
5 Wood, David Michael (17)		

	Female	Male	Total
Individual Events	0	0	0
Individual Athletes	0	0	0
Relay Events			15
Relay Teams			19

I hereby certify that all individuals on this entry form are registered members of USA swimming and that they are eligible to compete in this meet.

Coach or Team Representative:

(Print Full Name, Sign, & Date)